Shifa Medical Centre

Chavara, Kollam - 691583, Kerala, India
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09-03-2024

PHYSICAL FITNESS REPORT



Date: .....

NAME	:	RAVI VETTUM PERUMAL			
SEX	:	MALE	AGE	:	27 Y
PASSPORT NO	:	S 6994647	PLACE & DATE OF ISSUE	:	MADURI,
NATIONALITY	:	INDIA	VISA NO	:	QATAR
STATUS	:	Single	HEIGHT	:	181CM
WEIGHT	:	70KG	PROFESSION	:	MECHANICAL TECHNICIAN

History of any significant past illness including:

1.Psychiatric and neurological disorders (Eppilespy,Depression) : NIL
2.Allergy : NIL

MEDICAL EXAMINATION

Type of medical exam		Result
Eye vision	R.Eye	Normal
	L.Eye	Normal
Colour vision	R.Eye	Normal
	L.Eye	Normal
Refractive Error		Nil
Ear	R.Ear	Normal
	L.Ear	Normal
Mouth & troat		Normal & Normal
CHEST X-RAY		Normal
SYSTEMIC EXAMINATION		
-ECG		WNL
-Blood pressure		108/70
-Heart		Normal
-Lungs		Normal
-Abdomen		Normal
-CNS		Normal
OTHERS		
-Hernia		Nil
-Varicose Veins		Nil
-Genitalia		Normal
-Skin		Normal
-Extremities		Normal
VENEREAL DISEASES		
Clinical		NAD
Lab VDRL as on date		Negative
Clinical Evidence of Viral Infection:		Nil

LABORATORY INVESTIGATION

Type of lab investigation	Result
URINE	
-Sugar	Nil
-Albumin	Nil
-Bilharziasis	Nil
STOOL	
-Helminthes	Nil
-Bilharziasis	Nil
-Salmonella/Shigella	Nil
BLOOD	
-Group	B Positive
-ESR	04 mm/hr
-Routine	Normal
-Haemoglobin	13.2 gms%
-Malaria Film	Negative
-Others	Negative
SEROLOGY	
-HIVI & II as on date	Negative
-HCV II as on date	Negative
-HBS Ag II as on date	Negative
-Urea	16 mgs%
-Creatinine	0.5 mgs%
-F.B.S	92 mgs%
-Cholestrol Total	160 mgs%
-LFT	Normal
pregnancy Test	NA

-Notes about medical and laboratory investigations::NIL
-Valid for one month only

09/03/2024

FIT

Dr. RIYAZ AHAMMED
MD, PG Dip Diab, BCCPM.
Reg. No. 37032
(DG Shipping Approved)
KRL / KOL / 01 / 2016