Shifa Medical Centre

Chavara, Kollam - 691583, Kerala, India
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shifamedicalcentre@gmail.com

Estd : 1975

23-01-2023

PHYSICAL FITNESS REPORT



NAME	:	VARGHESE MATHEW			
SEX	:	MALE	AGE	:	53 Y
PASSPORT NO	:	W 3222607	PLACE & DATE OF ISSUE	:	COCHIN,
NATIONALITY	:	INDIA	VISA NO	:	QATAR
STATUS	:	Married	HEIGHT	:	177CM
WEIGHT	:	72KG	PROFESSION	:	BMS TECHNICIAN

SHIFA MEDICAL CENTRE Date: 23/01/23 CHAVARA - 691 583

History of any significant past illness including:

1.Psychiatric and neurological disorders (Eppilespy,Depression) : NIL
2.Allergy : NIL

MEDICAL EXAMINATION

Type of medical exam		Result
Eye vision	R.Eye	Normal
	L.Eye	NORMAL
Colour vision	R.Eye	Normal
	L.Eye	NORMAL
Refractive Error		NIL
Ear	R.Ear	Normal
	L.Ear	NORMAL
Mouth & troat		NORMAL & Normal
CHEST X-RAY		NORMAL
SYSTEMIC EXAMINATION		
-ECG		WNL
-Blood pressure		110/70
-Heart		NORMAL
-Lungs		NORMAL
-Abdomen		NORMAL
-CNS		NORMAL
OTHERS		
-Hernia		NIL
-Varicose Veins		NIL
-Genitalia		NORMAL
-Skin		NORMAL
-Extremities		NORMAL
VENEREAL DISEASES		
Clinical		NAD
Lab VDRL as on date		NEGATIVE
Clinical Evidence of Viral Infection:		NIL

LABORATORY INVESTIGATION

Type of lab investigation	Result
URINE	
-Sugar	NIL
-Albumin	NIL
-Bilharziasis	NIL
STOOL	
-Helminthes	NIL
-Bilharziasis	NIL
-Salmonella/Shigella	NIL
BLOOD	
-Group	O POSITIVE
-ESR	06 mm/hr
-Routine	NIL
-Haemoglobin	13.5 gms%
-Malaria Film	NEGATIVE
-Others	NORMAL
SEROLOGY	
-HIVI & II as on date	NEGATIVE
-HCV II as on date	NEGATIVE
-HBS Ag II as on date	NEGATIVE
-Urea	28 mgs%
-Creatinine	0.6 mgs%
-F.B.S	80 mgs%
-Cholestrol Total	168 mgs%
-LFT	NORMAL
pregnancy Test	NA

-Notes about medical and laboratory investigations::NIL
-Valid for one month only

SHIFA MEDICAL CENTRE Date: 23/01/23 CHAVARA - 691 583

FIT

Dr. RIYAZ AHAMMED
MD, PG Dip Diab, ECCPM.
Reg. No: 37032
(DG Shipping Approved)

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