

THAVASEELAN RAJENDRAN

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SUMMARY

“Experienced Swimming Performance Coach with over 10 years of coaching experience and an American Level 3 certification. Possess strong international coaching experience, working with athletes from diverse backgrounds and competitive levels. Specialized in athlete development, technique improvement, and performance training. Proven ability to design structured training programs and enhance swimmer performance. Currently based in Romania and open to international opportunities.”

SKILLS

- Key Coaching Achievements – April 2025 Romanian National Swimming Championships
  •Coached Boys (Age 14) to exceptional results:
  •Gold • – 100m Breaststroke
  • Gold – 200m Breaststroke
  • Silver – 50m Breaststroke
  Coached Girls (Age 14) to podium finish
  • Bronze – 1500m Freestyle
  These results reflect advanced technical planning, event-specific training, and strong athlete development in both sprint and distance disciplines.
- Perduce a swimmer qualified for the Oceanman World Finals 2025

EXPERIENCE

May 2025 - Current
Administrator of Sports Facilities Elite Performance Sports | ILFOV, Romania

- Responsible for the efficient administration and daily operation of sports and aquatic facilities, ensuring compliance with safety standards, operational policies, and regulatory requirements. Oversees scheduling, staff coordination, facility maintenance, and equipment management to ensure smooth and safe operations. As a swimming coach, designs and delivers structured training programs for swimmers of various levels, focusing on technique development, performance improvement, and competition preparation. Monitors athlete progress, ensures adherence to safety protocols, and maintains accurate records while fostering a professional, disciplined, and performance-oriented training environment.

September 2023 - April 2025
Technical Director and Head Coach EURO SWIMMING CLUB | I, Romania

- As the Technical Director and Head Coach, I am responsible for the strategic planning, technical development, and day-to-day operations of the club's swimming program. I oversee all coaching staff, design and implement training plans across all age groups and competitive levels, and ensure alignment with long-term athlete development models. My role includes talent identification, coaching education, performance analysis, and maintaining high standards in both training and competition. Under my leadership, the club has achieved consistent performance improvements, with athletes qualifying for national and international competitions.

January 2016 - July 2022
Swimming Head Coach Bishop's College Colombo | Colombo, Sri Lanka

- As Head Swimming Coach at an all-girls high school, I was responsible for developing a structured and inclusive swim program that promoted athletic excellence, personal growth, and team spirit. I created and implemented seasonal training plans, prepared athletes for Provincial and national competitions, and fostered a positive and disciplined team environment. I worked closely with school administration, parents, and support staff to ensure academic-athletic balance and holistic development.

November 2012 - March 2021
founder and Swimming Head Coach Talent Swimming Academy | Colombo, Sri Lanka

- As Founder and Head Coach, I established and led a high-performance swimming program focused on athlete

in Dubai after a successful qualification event in Spain.
- Served as a Volunteer at the World Junior Swimming Championships 2025 in Otopeni, supporting event operations and athlete coordination.
- Coaching development
- Athlete mentoring
- Team leadership
- Project management
- Performance analysis
- Risk assessment
- Event coordination
- Written and verbal communication
- Highly organised
- Reporting and documentation
- Leadership skills
- Microsoft office suite proficiency
- Event planning

development from grassroots to elite levels. I was responsible for building the club's vision, recruiting and mentoring coaching staff, developing training systems, and overseeing all technical aspects of the program. My leadership has contributed to the club's growth, strong community presence, and the consistent success of swimmers in Provincial, national, and international competitions.

EDUCATION

2025
Invited for ASCA World Clinic 2025, Reno, Nevada, USA

2021
Bachelor of Arts | Business Management
Buckinghamshire New University

2018
Higher National Diploma | Business Management
Buckinghamshire New University

2018
Swimming level 3
American Swimming Coachers Association

DRIVING LICENCE

- Category B auto